# Outcomes in Mitraclip for Degenerative Mitral Regurgitation

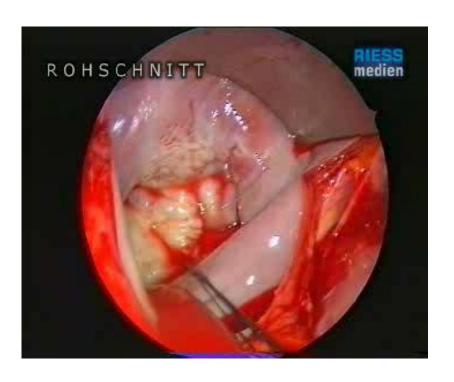


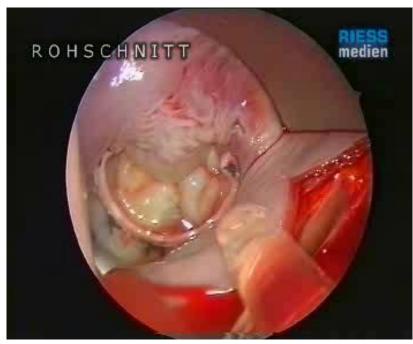


Dr. Olaf Walter Franzen

24.10.2014

### Mitral valve repair



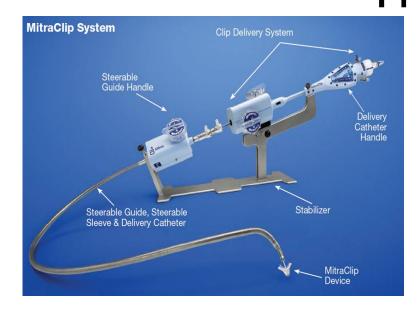


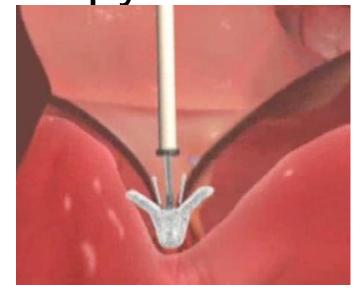
pre post

### Mitral Valve Surgery

Publication	MR	Surgery		5 Years MI < 3/4
Flameng et al, Circ 2003 Herzzentrum Leuven	Degen. MR	Reconstruction	n = 242	83%
Mihaljevic et al , JACC 2007 Cleveland Clinics	Isch MR	Anuloplasty	n = 290	80%
Maisano et al, EuroIntervent 2006 Univ. Mailand	Degen. and funct MR	edge-to-edge without Ring	n = 28	86%

MitraClip Therapy









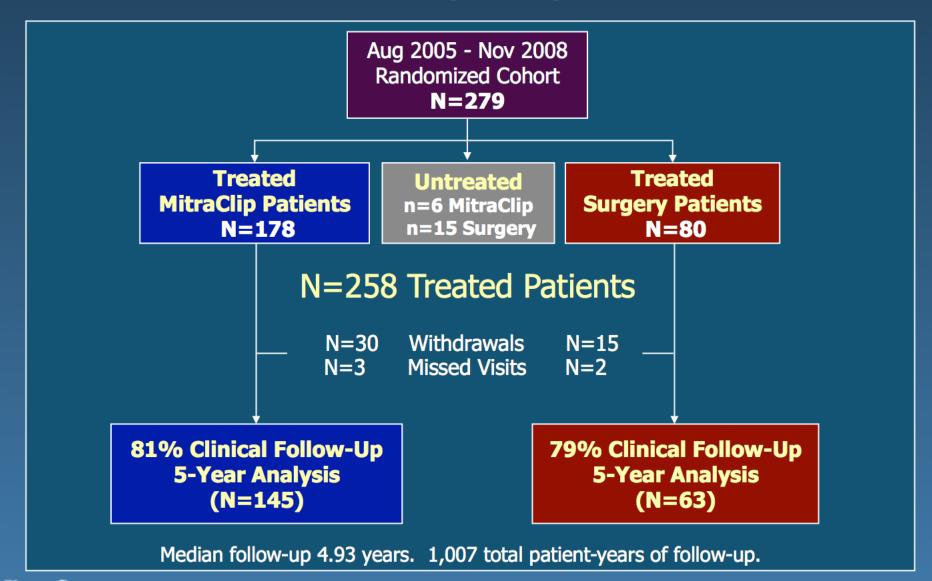
## The NEW ENGLAND JOURNAL of MEDICINE

#### Percutaneous Repair or Surgery for Mitral Regurgitation

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www.nejm.org

# Clinical Follow-Up EVEREST II RCT

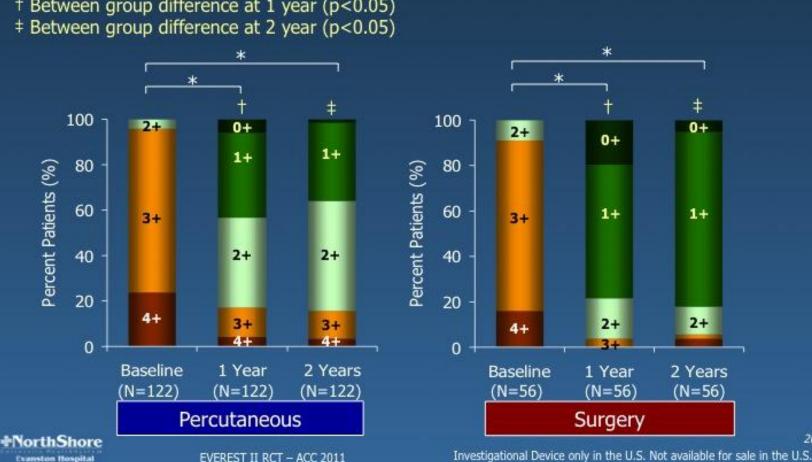


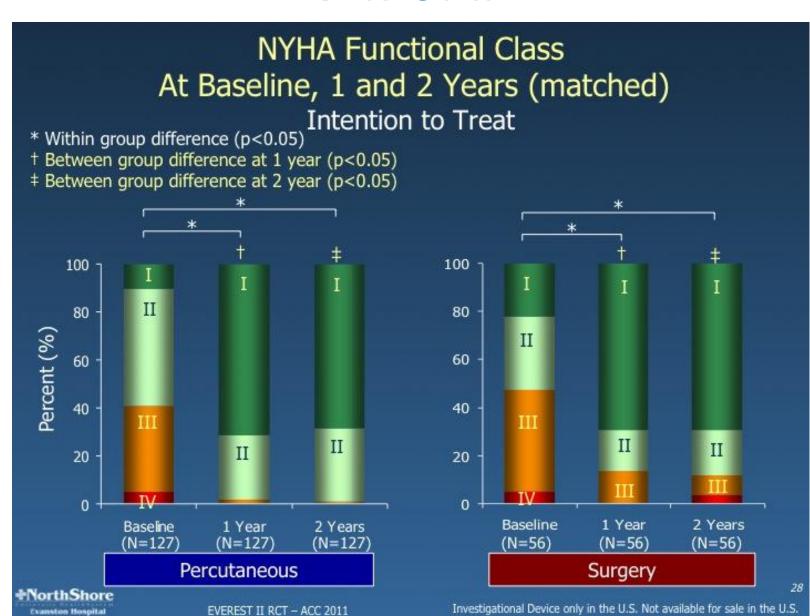
# Baseline Characteristics EVEREST II RCT

Characteristic	MitraClip N = 184	Surgery N = 95	p-value
Age (mean), years	67	66	ns
Male	63%	66%	ns
History of CHF	91%	78%	0.005
NYHA Functional Class III/IV	51%	47%	ns
Functional MR Etiology	26%	27%	ns
Coronary Artery Disease	47%	46%	ns
Prior Myocardial Infarction	22%	21%	ns
Previous Cardiovascular Surgery	22%	19%	ns
Atrial Fibrillation	34%	39%	ns
COPD (with or without home O <sub>2</sub> )	15%	15%	ns
Moderate to Severe Renal Disease	3%	2%	ns
Diabetes	8%	11%	ns
LV Ejection Fraction (mean), %	60	61	ns
LV End Systolic Dimension (mean), cm	3.7	3.5	ns

### Mitral Regurgitation Grade Baseline, 1 and 2 Years (matched) Intention to Treat

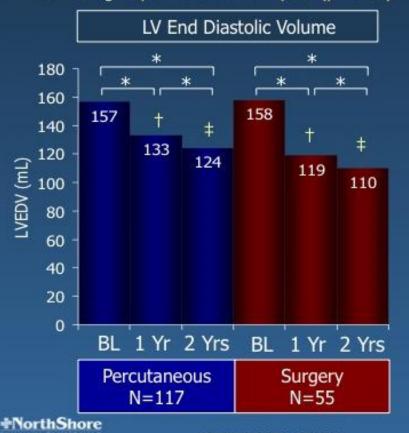
- \* Within group difference (p<0.05)
- † Between group difference at 1 year (p<0.05)





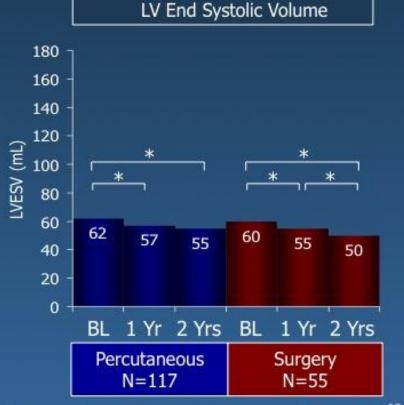
# LV Volumes Baseline, 1 and 2 Years (matched) Intention to Treat

- \* Within group difference (p<0.05)
- † Between group difference at 1 year (p<0.05)
- # Between group difference at 2 year (p<0.05)



**Examston Hospital** 

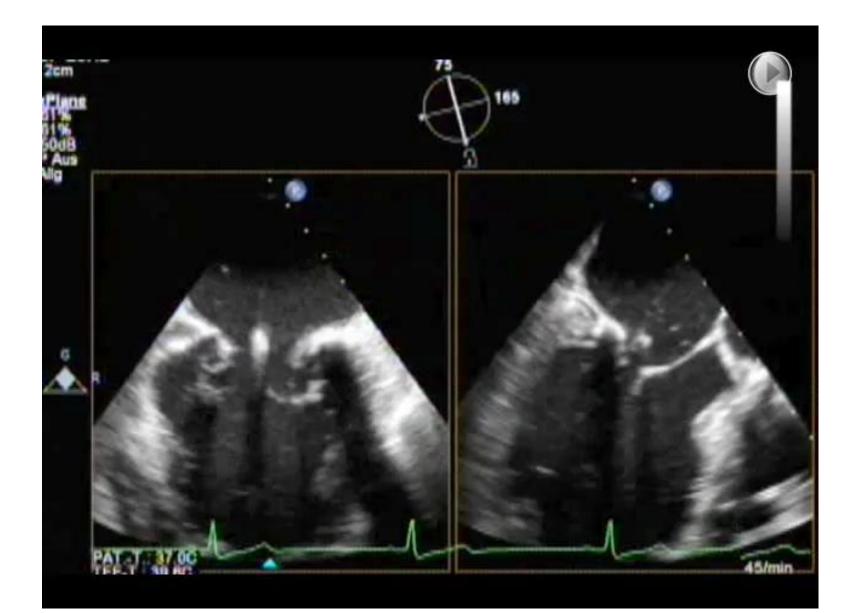
EVEREST II RCT - ACC 2011



27

# Many unexperienced Centers in the EVEREST trial

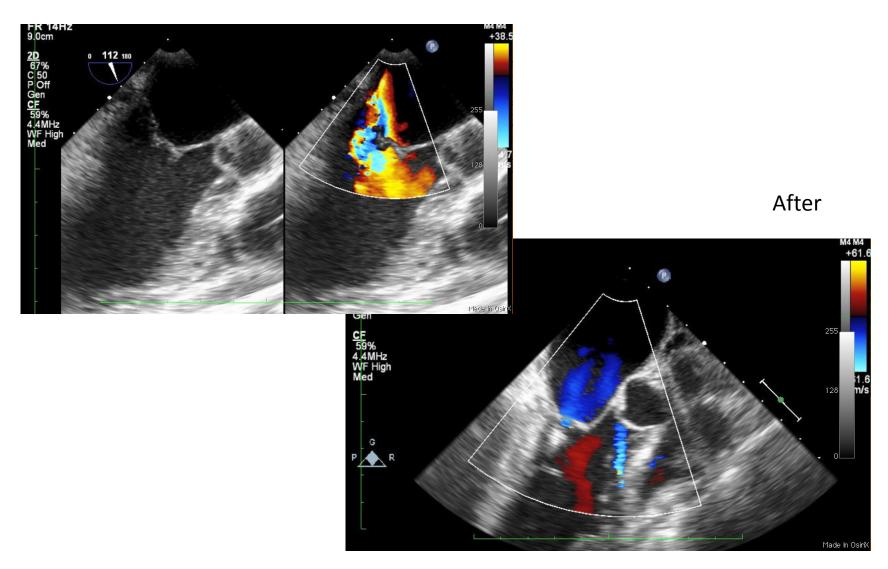
- A. Good result expected (curative treatment expected)
- B. Most likely reasonable result expected with expected clinical benefit (possibly curative)
- C. Certain reduction expected with uncertain clinical benefit and durablilty (expected
- D. Unsuitble valve

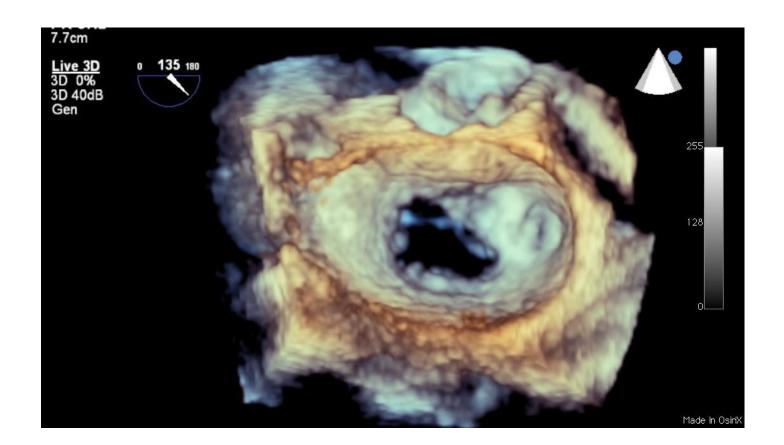


### Non-central pathology



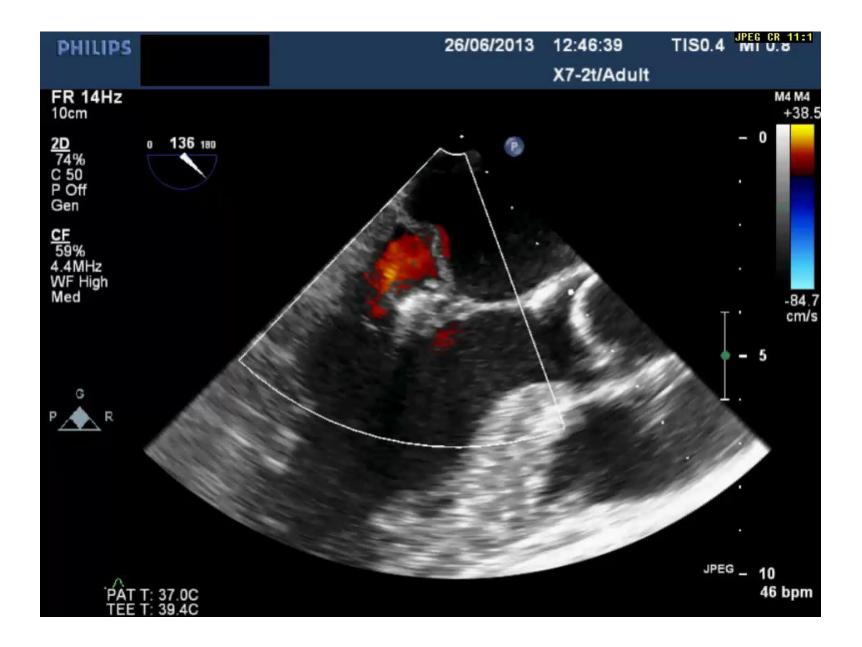
#### Before

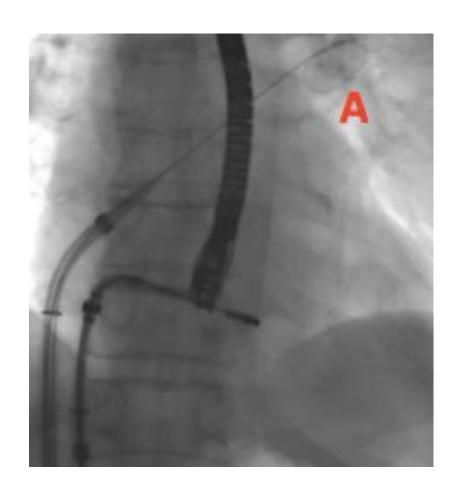


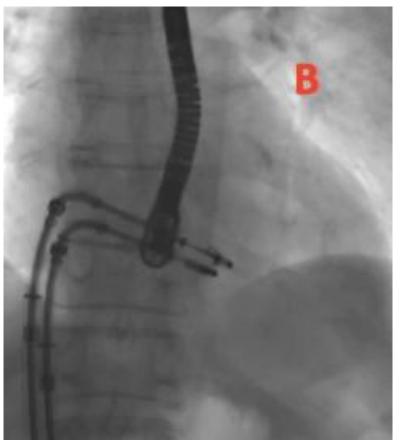


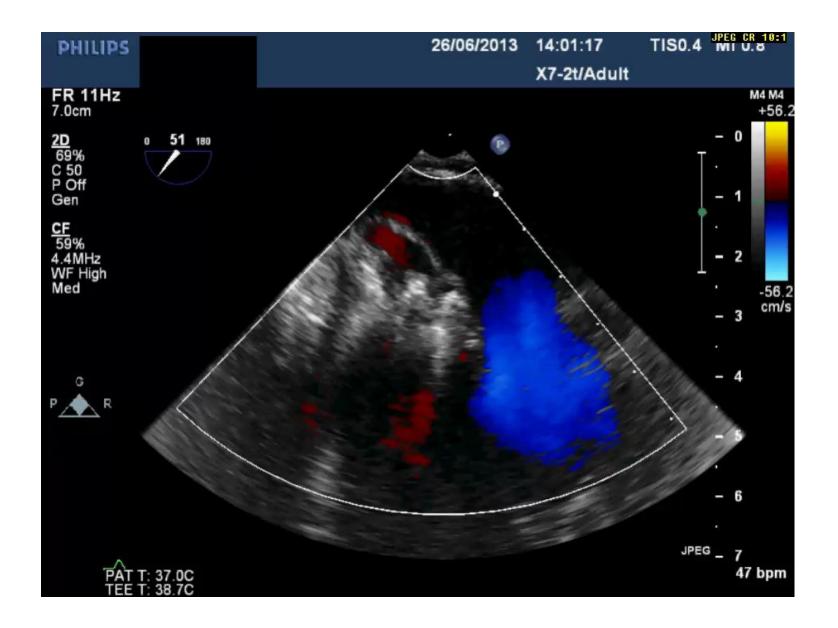
Flail











Clinical outcomes through 12 months in patients with degenerative mitral regurgitation treated with the MitraClip® device in the ACCESS-EUrope Phase I trial<sup>†</sup>

Hermann Reichenspurner<sup>a,\*</sup>, Wolfgang Schillinger<sup>b</sup>, Stephan Baldus<sup>c</sup>, Jörg Hausleiter<sup>d</sup>, Christian Butter<sup>e</sup>, Ulrich Schäefer<sup>f</sup>, Giovanni Pedrazzini<sup>g</sup>, Francesco Maisano<sup>h</sup>, on behalf of the ACCESS-EU Phase I Investigators

### **Patient Population**

Characteristic <sup>a</sup>	DMR patients (N = 117)
Age (years)	
Mean ± SD (N)	75.6 ± 12.1 (117)
Patients over 75 years of age	61.5% (72/117)
Gender	
Female	50.4% (59/117)
Male	49.6% (58/117)

### Major Findings

• 94,5 % success rate

• 56,6 % (60/1006) of pts had MR ≤1+ at discharge

• 84/107 had a Euroscore < 20

 $8,6 \pm 5,1$ 

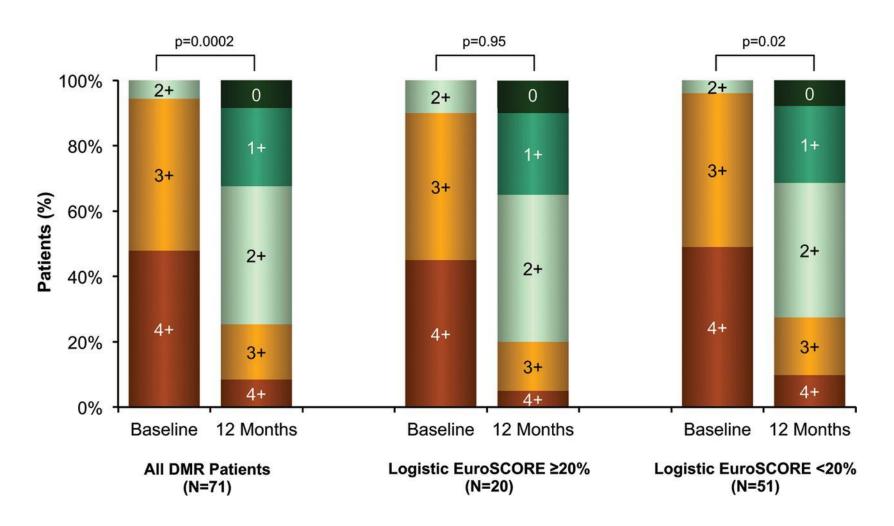
— 30 day mortality in this group :

4,8 %

— 12 month mortality in this :

14,3 %

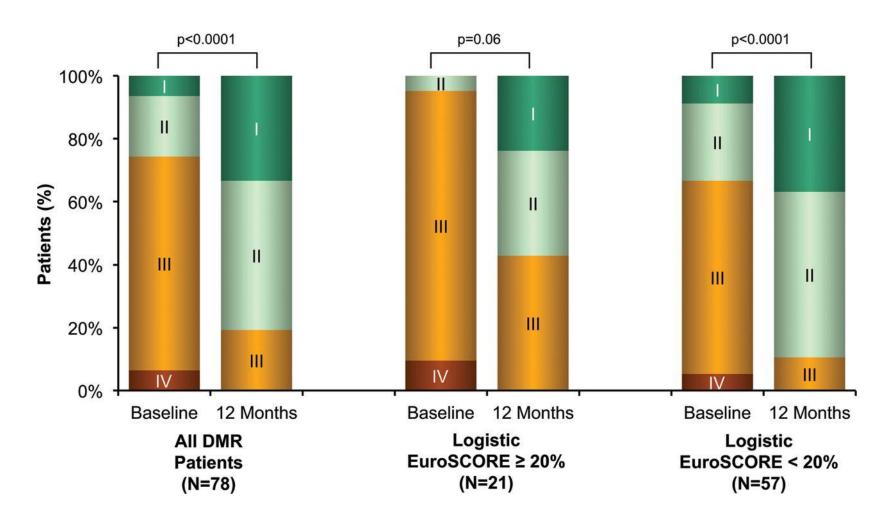
#### Mitral regurgitation at baseline and 12 months (paired data).



Reichenspurner H et al. Eur J Cardiothorac Surg 2013;44:e280-e288

EUROPEAN JOURNAL OF CARDIO-THORACIC SURGERY

#### New York Heart Association Functional Class at baseline and 12 months (paired data).



Reichenspurner H et al. Eur J Cardiothorac Surg 2013;44:e280-e288

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### Percutaneous edge-to-edge repair in ESC/EACTS 2012 Guidelines on the management of valvular heart disease





#### Indication for primary MR

"Percutaneous edge-to-edge procedure may be considered in patients with symptomatic severe primary MR who fulfill the echo criteria of eligibility, are judged inoperable or at high surgical risk by a 'heart team', and have a life expectancy greater than 1 year (recommendation class IIb, level of evidence C)."

page 21

Source: http://www.escardio.org/guidelines-surveys/esc-guidelines/Pages/valvular-heart-disease.asr European Heart Journal 2012 - doi:10.1093/eurheartj/ehs109 www.escardio.org/guidelines European Journal of Cardio-Thoracic Surgery 2012 -

doi:10.1093/ejcts/ezs455

### Conclusions

- Mitraclip is mostly used in an elderly patient population with dMR
- Most of the patients In ACCESS I have a relatively low risk for surgery as measured by EUROSCORE
- MR reduction is reported to be better than in EVEREST II
- Mortality is lower than expected by EUROSCORE
- Its time to predict good results and lower the treshold for treatment in this group